

A reading from 1 Corinthians

²³ I received a tradition from the Lord, which I also handed on to you: on the night on which he was betrayed, the Lord Jesus took bread. ²⁴ After giving thanks, he broke it and said, “This is my body, which is for you; do this to remember me.” ²⁵ He did the same thing with the cup, after they had eaten, saying, “This cup is the new covenant in my blood. Every time you drink it, do this to remember me.” ²⁶ Every time you eat this bread and drink this cup, you broadcast the death of the Lord until he comes.

²⁷ This is why those who eat the bread or drink the cup of the Lord inappropriately will be guilty of the Lord’s body and blood. ²⁸ Each individual should test himself or herself, and eat from the bread and drink from the cup in that way. ²⁹ Those who eat and drink without correctly understanding the body are eating and drinking their own judgment. ³⁰ Because of this, many of you are weak and sick, and quite a few have died. ³¹ But if we had judged ourselves, we wouldn’t be judged. ³² However, we are disciplined by the Lord when we are judged so that we won’t be judged and condemned along with the whole world.

Word of God, word of life.

Thanks be to God.